



Two North Riverside Plaza, Suite 2100, Chicago, Illinois 60606

Equity Commonwealth to Participate in Citi 2020 Global Property Conference

2/27/2020

Company Release - 2/27/2020 4:10 PM ET

CHICAGO--(BUSINESS WIRE)-- Equity Commonwealth (NYSE: EQC) today announced that David Helfand, President and CEO, Adam Markman, CFO, and David Weinberg, COO, will participate in a company roundtable discussion at the Citi 2020 Global Property Conference on Wednesday, March 4, 2020, at 7:30 a.m. Eastern Time.

A live audio webcast will be accessible on the Investor Relations section of the company's website at www.eqcre.com.

About Equity Commonwealth

Equity Commonwealth (NYSE: EQC) is a Chicago based, internally managed and self-advised real estate investment trust (REIT) with commercial office properties in the United States. As of February 12, 2020, EQC's portfolio comprised 6 properties and 2.2 million square feet.

Regulation FD Disclosures

We use any of the following to comply with our disclosure obligations under Regulation FD: press releases, SEC filings, public conference calls, or our website. We routinely post important information on our website at www.eqcre.com, including information that may be deemed to be material. We encourage investors and others interested in the company to monitor these distribution channels for material disclosures.

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Source: Equity Commonwealth