



Two North Riverside Plaza, Suite 2100, Chicago, Illinois 60606

## Equity Commonwealth to Participate in Citi 2019 Global Property Conference

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CHICAGO--(BUSINESS WIRE)-- Equity Commonwealth (NYSE: EQC) today announced that David Helfand, President and CEO, and Adam Markman, CFO, will participate in a company roundtable discussion at the Citi 2019 Global Property Conference on Tuesday, March 5, 2019, at 9:30 a.m. Eastern Time.

A live audio webcast will be accessible on the Investor Relations section of the company's website at [www.eqcre.com](http://www.eqcre.com).

### About Equity Commonwealth

Equity Commonwealth (NYSE: EQC) is a Chicago based, internally managed and self-advised real estate investment trust (REIT) with commercial office properties in the United States. As of December 31, 2018, EQC's same property portfolio comprised 10 properties and 5.1 million square feet.

### Regulation FD Disclosures

We intend to use any of the following to comply with our disclosure obligations under Regulation FD: press releases, SEC filings, public conference calls, or our website. We routinely post important information on our website at [www.eqcre.com](http://www.eqcre.com), including information that may be deemed to be material. We encourage investors and others interested in the company to monitor these distribution channels for material disclosures.

View source version on [businesswire.com](http://businesswire.com): <https://www.businesswire.com/news/home/20190228005122/en/>

### Investor and Media Contact

Sarah Byrnes, Equity Commonwealth, (312) 646-2801

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