

February 4, 2014

Healthcare Services Group, Inc. Reports Results for the Three Months and Year Ended December 31, 2013

BENSALEM, Pa., Feb. 4, 2014 (GLOBE NEWSWIRE) -- Healthcare Services Group, Inc. (Nasdaq:HCSG) reported that revenues for the three months ended December 31, 2013 increased approximately 10% to \$303,833,000 compared to \$277,039,000 for the same 2012 period. Revenues for the year ended December 31, 2013 increased approximately 7% to \$1,149,890,000 compared to \$1,077,435,000 for the same 2012 period.

Inclusive of the previously announced settlement-related costs, net income for the three months ended December 31, 2013 was \$5,452,000 or \$0.08 per basic and per diluted common share, compared to the three months ended December 31, 2012 net income of \$12,798,000 or \$0.19 per basic and per diluted common share. Net income for the year ended December 31, 2013 increased approximately 7% to \$47,129,000 or \$0.68 per basic and \$0.67 per diluted common share, compared to the year ended December 31, 2012 net income of \$44,214,000 or \$0.65 per basic and per diluted common share.

As previously announced, on January 28th our Board of Directors declared a quarterly cash dividend of \$0.17125 per common share, payable on March 28, 2014 to shareholders of record at the close of business on February 21, 2014. This represents the 43rd consecutive quarterly cash dividend payment, as well as the 42nd consecutive increase since our initiation of quarterly cash dividend payments in 2003. The Company also reported that it entered into housekeeping & laundry service agreements, to be phased in during the first quarter of 2014, which should return the segment to its historical double-digit growth rate. The Company expects the impact of these new service agreements to be fully reflected in the second quarter results.

The Company will host a conference call on Wednesday, February 5, 2014 at 8:30 a.m. Eastern Time to discuss its results for the three months and year ended December 31, 2013. The call may be accessed via phone at 800-893-5360. The call will be simultaneously webcast under the "Events & Presentations" section of the investor relations page on our website, www.hcsg.com. A replay of the webcast will also be available on our website through approximately 10:00 p.m. Eastern Time on Wednesday, February 5th.

The Company said that it will participate in the RBC Capital Markets 2014 Healthcare Conference on February 25th at The New York Palace Hotel in New York City.

Cautionary Statement Regarding Forward-Looking Statements

This release and any schedules incorporated by reference into it may contain forward-looking statements within the meaning of Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities Exchange Act of 1934 (the "Exchange Act"), as amended, which are not historical facts but rather are based on current expectations, estimates and projections about our business and industry, our beliefs and assumptions. Words such as "believes," "anticipates," "plans," "expects," "will," "goal," and similar expressions are intended to identify forward-looking statements. The inclusion of forward-looking statements should not be regarded as a representation by us that any of our plans will be achieved. We undertake no obligation to publicly update or revise any forward-looking statements, whether as a result of new information, future events or otherwise. Such forwardlooking information is also subject to various risks and uncertainties. Such risks and uncertainties include, but are not limited to, risks arising from our providing services exclusively to the health care industry, primarily providers of long-term care; credit and collection risks associated with this industry; from having several significant clients who each individually contributed at least 3% with one as high as 5% of our total consolidated revenues for the twelve month period ended December 31, 2013; risks associated with our acquisition of Platinum Health Services, LLC; our claims experience related to workers' compensation and general liability insurance; the effects of changes in, or interpretations of laws and regulations governing the industry, our workforce and services provided, including state and local regulations pertaining to the taxability of our services; and the risk factors described in our Form 10-K filed with the Securities and Exchange Commission for the year ended December 31, 2012 in Part I thereof under "Government Regulation of Clients," "Competition" and "Service Agreements/Collections," and under Item IA "Risk Factors". Many of our clients' revenues are highly contingent on Medicare and Medicaid reimbursement funding rates, which Congress and related agencies have affected through the enactment of a number of major laws and regulations during the past decade, including the March 2010 enactment of the Patient Protection and Affordable Care Act and the Health Care and Education Reconciliation Act of 2010. On July 29, 2011, the United States Center for Medicare Services issued final rulings which, among other things, reduced Medicare payments to nursing centers by 11.1% and changed the reimbursement for the provision of group rehabilitation therapy services to Medicare beneficiaries. In January 2013, the U.S. Congress enacted the American Taxpayer Relief Act of 2012, which delayed automatic spending cuts of \$1.2 trillion, including reduced Medicare payments to plans and providers up to 2%. These discretionary spending caps were originally enacted under provisions in the

Budget Control Act of 2011, an initiative to reduce the federal deficit through the year 2021, also known as "sequestration." The sequestration went into effect starting March 2013. In December 2013, the U.S. Congress enacted the Bipartisan Budget Act of 2013, which reduces the impact of the sequestration over the next two years, beginning in fiscal year 2014. The Bipartisan Budget Act of 2013 extended the reduction in Medicare payments to plans and providers for two years through the year 2023. Currently, the U.S. Congress is considering further changes or revising legislation relating to health care in the United States which, among other initiatives, may impose cost containment measures impacting our clients. These laws and proposed laws and forthcoming regulations have significantly altered, or threaten to significantly alter, overall government reimbursement funding rates and mechanisms. The overall effect of these laws and trends in the long-term care industry has affected and could adversely affect the liquidity of our clients, resulting in their inability to make payments to us on agreed-upon payment terms. These factors, in addition to delays in payments from clients, have resulted in, and could continue to result in, significant additional bad debts in the near future. Additionally, our operating results would be adversely affected if unexpected increases in the costs of labor and labor-related costs, materials, supplies and equipment used in performing services could not be passed on to our clients.

In addition, we believe that to improve our financial performance we must continue to obtain service agreements with new clients, provide new services to existing clients, achieve modest price increases on current service agreements with existing clients and maintain internal cost reduction strategies at our various operational levels. Furthermore, we believe that our ability to sustain the internal development of managerial personnel is an important factor impacting future operating results and successfully executing projected growth strategies.

Healthcare Services Group, Inc. is the largest national provider of professional housekeeping, laundry and dietary services to long-term care and related health care facilities.

HEALTHCARE SERVICES GROUP, INC. CONSOLIDATED STATEMENTS OF INCOME (Unaudited)

	For the Three Months Ended December 31,		For the Year Ended	
			December 31,	
	2013	2012	2013	2012
Revenues	\$ 303,833,000	\$ 277,039,000	\$ 1,149,890,000	\$ 1,077,435,000
Operating costs and expenses:				
Cost of services provided	269,347,000	238,832,000	995,104,000	930,814,000
Selling, general and administrative	29,269,000	18,982,000	91,998,000	79,277,000
Income from operations	5,217,000	19,225,000	62,788,000	67,344,000
Other income:				
Investment and interest	1,264,000	400,000	3,701,000	2,920,000
Income before income taxes	6,481,000	19,625,000	66,489,000	70,264,000
Income taxes	1,029,000	6,827,000	19,360,000	26,050,000
Net income	\$ 5,452,000	\$ 12,798,000	\$ 47,129,000	\$ 44,214,000
Basic earnings per common share	\$ 0.08	\$ 0.19	\$ 0.68	\$ 0.65
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Diluted earnings per common share	\$ 0.08	\$ 0.19	\$ 0.67	\$ 0.65
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Cash dividends per common share	\$ 0.17	\$ 0.17	\$ 0.67	\$ 0.65
Cash dividends per common share			_	
Pagia waighted average number of common charge substanding	70,037,000	68,007,000	69,206,000	67,511,000
Basic weighted average number of common shares outstanding	70,007,000	00,007,000	00,200,000	07,011,000
Diluted which down and who of common his control is	70,898,000	68,988,000	70,045,000	68,485,000
Diluted weighted average number of common shares outstanding	70,050,000	00,900,000	10,043,000	00,400,000

CONDENSED CONSOLIDATED BALANCE SHEETS (Unaudited)

	December 31, 2013	December 31, 2012
Cash and cash equivalents	\$ 64,155,000	\$ 68,949,000
Marketable securities, at fair value	11,445,000	21,322,000
Accounts and notes receivable, net	189,107,000	140,218,000
Other current assets	44,485,000	37,357,000
Total current assets	309,192,000	267,846,000
Property and equipment, net	11,304,000	10,272,000
Notes receivable - long term, net	5,779,000	1,823,000
Goodwill	40,183,000	16,955,000
Other intangible assets, net	23,372,000	5,203,000
Deferred compensation funding	22,200,000	17,831,000
Other assets	13,312,000	11,253,000
Total Assets	\$ 425,342,000	\$ 331,183,000
Accrued insurance claims - current	\$ 7,853,000	\$ 6,850,000
Other current liabilities	91,250,000	60,814,000
Total current liabilities	99,103,000	67,664,000
Accrued insurance claims - long term	18,325,000	15,712,000
Deferred compensation liability	22,771,000	18,237,000
Stockholders' equity	285,143,000	229,570,000
Total Liabilities and Stockholders' Equity	\$ 425,342,000	\$ 331,183,000

CONTACT: Company Contacts:

Daniel P. McCartney

Chairman and Chief Executive Officer

215-639-4274

Theodore Wahl

President and Chief Operating Officer

215-639-4274



Source: Healthcare Services Group, Inc.

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