

**FOR IMMEDIATE RELEASE**

Ref: 22-02

**Contact:** Brendan Maiorana  
Executive Vice President and Chief Financial Officer  
brendan.maiorana@highwoods.com  
919-872-4924

## **Highwoods to Release Fourth Quarter and Full Year 2021 Results Tuesday, February 8<sup>th</sup>**

---

### **Conference Call Wednesday, February 9<sup>th</sup>, at 11:00 A.M.**

---

**RALEIGH, NC – January 11, 2022 – Highwoods Properties, Inc. (NYSE:HIW)** will release its fourth quarter and full year 2021 results on Tuesday, February 8<sup>th</sup>, after the market closes.

A conference call will be held the next day, Wednesday, February 9<sup>th</sup>, at 11:00 A.M. Eastern time.

For US/Canada callers, dial (800) 756-3565. A live, listen-only webcast can be accessed through the Company's website at [www.highwoods.com](http://www.highwoods.com) under the "Investors" section. A replay of the call will also be available on the Company's website.

#### **Planned Dates for Financial Releases and Conference Calls in 2022**

The Company has set the following dates for the release of its 2022 financial results. Quarterly financial releases will be distributed after the market closes and conference calls will be held at 11:00 a.m. Eastern time.

<b>Quarter</b>	<b>Tuesday Release</b>	<b>Wednesday Call</b>
First	April 26	April 27
Second	July 26	July 27
Third	October 25	October 26

#### **About Highwoods**

Highwoods Properties, Inc., headquartered in Raleigh, is a publicly-traded (NYSE:HIW) real estate investment trust ("REIT") and a member of the S&P MidCap 400 Index. The Company is a fully-integrated office REIT that owns, develops, acquires, leases and manages properties primarily in the best business districts (BBDs) of Atlanta, Charlotte, Nashville, Orlando, Pittsburgh, Raleigh, Richmond and Tampa. For more information about Highwoods, please visit our website at [www.highwoods.com](http://www.highwoods.com).

###

