

**FOR IMMEDIATE RELEASE****Ref: 22-21**

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## **Highwoods to Release Third Quarter 2022 Results Tuesday, October 25<sup>th</sup>**

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**Conference Call  
Wednesday, October 26<sup>th</sup>, at 11:00 A.M.**

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**RALEIGH, NC – October 4, 2022 – Highwoods Properties, Inc. (NYSE:HIW)** will release its third quarter 2022 results on Tuesday, October 25<sup>th</sup>, after the market closes.

A conference call will be held the next day, Wednesday, October 26<sup>th</sup>, at 11:00 A.M. Eastern time.

For US/Canada callers, dial (800) 756-3565. A live, listen-only webcast can be accessed through the Company's website at [www.highwoods.com](http://www.highwoods.com) under the "Investors" section. A replay of the call will also be available on the Company's website.

### **About Highwoods**

Highwoods Properties, Inc., headquartered in Raleigh, is a publicly-traded (NYSE:HIW) real estate investment trust ("REIT") and a member of the S&P MidCap 400 Index. The Company is a fully-integrated office REIT that owns, develops, acquires, leases and manages properties primarily in the best business districts (BBDs) of Atlanta, Charlotte, Dallas, Nashville, Orlando, Raleigh, Richmond and Tampa. For more information about Highwoods, please visit our website at [www.highwoods.com](http://www.highwoods.com).

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