



NEWS RELEASE

SunOpta Inc. Schedules First Quarter 2020 Financial Results Release and Conference Call

4/22/2020

TORONTO--(BUSINESS WIRE)-- SunOpta Inc. ("SunOpta") (Nasdaq:STKL) (TSX:SOY) announced today that it will issue financial results for the first quarter 2020 before the markets open on Wednesday, May 6, 2020.

Following the release, SunOpta will host a conference call at 9:00 AM Eastern Time to discuss its financial results and recent corporate developments. After opening remarks, there will be a question and answer period. This conference call can be accessed via a link on SunOpta's website at www.sunopta.com under the "Investors" section. To listen to the live call over the Internet, please go to SunOpta's website at least 15 minutes early to register, download and install any necessary audio software. Additionally, the call may be accessed with the toll free dial-in number 1 (833) 979-2699 or International dial-in number 1 (236) 714-2200 using Conference ID 7369963. If you are unable to listen live, the conference call will be archived and can be accessed for approximately 90 days at the company's website.

About SunOpta Inc.

SunOpta Inc. is a leading global company focused on plant-based foods and beverages, fruit-based foods and beverages, and organic ingredient sourcing and production. SunOpta specializes in the sourcing, processing and packaging of organic, natural and non-GMO food products, integrated from seed through packaged products; with a focus on strategic vertically integrated business models.

View source version on [businesswire.com](https://www.businesswire.com/news/home/20200422005232/en/): <https://www.businesswire.com/news/home/20200422005232/en/>

Beth McGillivray, Senior Executive Assistant

Tel: 905-819-7924

Beth.mcgillivray@sunopta.com

Source: SunOpta Inc.