

NEWS RELEASE

SunOpta Inc. Schedules Fourth Quarter and Fiscal 2023 Financial Results Release and Conference Call

2/7/2024

MINNEAPOLIS--(BUSINESS WIRE)-- SunOpta Inc. ("SunOpta" or the "Company") (Nasdaq:STKL) (TSX:SOY), a U.S.-based global pioneer fueling the future of sustainable, plant-based foods and beverages, today announced that the Company will issue financial results for the fourth quarter and fiscal year ended December 30, 2023 after the markets close on Wednesday, February 28, 2024.

Following the release, SunOpta will host a conference call at 5:30 p.m. Eastern Time to discuss its financial results and recent corporate developments. After opening remarks, there will be a question and answer period.

Investors interested in listening to the live webcast can access a link on SunOpta's website at **www.sunopta.com** under the "Investor Relations" section or **directly**. A replay of the webcast will be archived and can be accessed for approximately 90 days on the Company's website.

This call may be accessed with the toll free dial-in number (888) 440-4182 or international dial-in number (646) 960-0653 using Conference ID: 8338433.

About SunOpta Inc.

SunOpta (Nasdaq:STKL) (TSX:SOY) is a U.S.-based, global pioneer fueling the future of sustainable, plant-based foods and beverages. Founded nearly 50 years ago, SunOpta manufactures natural, organic and specialty products sold through retail and foodservice channels. SunOpta operates as a manufacturer for leading natural and private label brands, and also proudly produces its own brands, including **Sown**®, **Dream**®, and **West Life**TM. For more information, visit **www.sunopta.com** and **LinkedIn**.

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