



January 4, 2016

SunOpta Scheduled to Attend the 18th Annual ICR Conference on January 12, 2016

TORONTO, Jan. 04, 2016 (GLOBE NEWSWIRE) -- SunOpta Inc. ("SunOpta") (Nasdaq:STKL) (TSX:SOY), a leading global company focused on organic, non-genetically modified and specialty foods, announced today that Rik Jacobs, President and Chief Executive Officer, and Rob McKeracher, Vice President and Chief Financial Officer, will present at the 18th Annual ICR Conference in Orlando, FL on Tuesday, January 12, 2016 at 9:00 a.m. ET.

The presentation will be available to interested parties via a live audio webcast. The webcast will be available via the "Investors" tab on SunOpta's website at <http://investor.sunopta.com/events.cfm>. A replay of the webcast will be archived online for 30 days.

About SunOpta Inc.

SunOpta Inc. is a leading global company focused on organic, non-genetically modified ("non-GMO") and specialty foods. The Company specializes in the sourcing, processing and packaging of organic and non-GMO food products, integrated from seed through packaged products; with a focus on strategic vertically integrated business models. The Company's organic and non-GMO food operations revolve around value-added grain, seed, fruit and vegetable based product offerings, supported by a global sourcing and supply infrastructure. The Company also holds an approximate 66% ownership position in Opta Minerals Inc. (TSX:OPM), a producer, distributor, and recycler of industrial minerals and silica-free abrasives. Opta Minerals is a non-core holding.

The SunOpta Inc. logo is available at <http://www.globenewswire.com/newsroom/prs/?pkgid=3958>

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