



## SunOpta Inc. Schedules Fourth Quarter and Year Ended 2009 Financial Results Release and Conference Call

TORONTO, Feb. 12, 2010 (GLOBE NEWSWIRE) -- [SunOpta Inc.](#) ("SunOpta" or the "Company") (Nasdaq:STKL) (TSX:SOY) announced today that it will issue its financial results for the fourth quarter and year ended December 31, 2009 on March 9, 2010, after the close of the stock markets.

The Company plans to host a conference call at 10:00 AM Eastern Time on Wednesday, March 10, 2010, to discuss the fourth quarter and year ended 2009 financial results and recent corporate developments. After opening remarks, there will be a question and answer period. **This conference call can be accessed** via a link at the Company's website at [www.sunopta.com](http://www.sunopta.com). To listen to the live call over the Internet, please go to the Company's website at least 15 minutes early to register, download and install any necessary audio software. Additionally, the call may be accessed with the toll free dial-in number 1 (866) 551 - 3680 or (212) 401 - 6760 followed by pass code: 8061610#. If you are unable to listen live, the conference call will be archived and can be accessed for approximately 90 days at the Company's website. A replay number can also be accessed between March 11<sup>th</sup> and 21<sup>st</sup> with the toll free dial-in number 1 (866) 551 - 4520 or (212) 401 - 6750 followed by pass code: 260041#.

### About SunOpta Inc.

[SunOpta Inc.](#) is an operator of high-growth ethical businesses, focusing on integrated business models in the [natural and organic foods](#) and [natural health products](#) markets. The Company has three business units: the [SunOpta Food Group](#), which specializes in sourcing, processing and distribution of natural and organic food products integrated from seed through packaged products; Opta Minerals Inc. (TSX:OPM) (66.5% owned by SunOpta), a producer, distributor, and recycler of environmentally friendly industrial minerals; and SunOpta BioProcess Inc., which engineers and markets proprietary steam explosion technology systems for the bio-fuel, pulp and food processing industries. Each of these business units has proprietary products and services that give it a solid competitive advantage in its sector.

The [SunOpta Inc.](#) logo is available at <http://www.globenewswire.com/newsroom/prs/?pkgid=3958>

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