



## SunOpta to Present at Canaccord Adams 26th Annual Summer Seminar

TORONTO--July 28, 2006--SunOpta Inc. (SunOpta or the Company) (Nasdaq:STKL) (TSX:SOY) today announced that it will deliver a presentation at the 26th Annual Canaccord Adams Summer Seminar in Boston. Jeremy Kendall, Chairman and CEO and John Dietrich, Vice President and CFO, are scheduled to present to leading institutional investment representatives on Tuesday, August 8, 2006, at the Boston Marriott Long Wharf Hotel.

Jeremy Kendall and John Dietrich will join executives from nearly 200 public and private companies for the Summer Seminar, one of the longest-running institutional events focused exclusively on growth companies.

"We look forward to telling the SunOpta story to some of the country's top growth investors at this year's Summer Seminar," said Jeremy Kendall, Chairman and CEO of SunOpta Inc.

"This year's conference marks an important occasion since our new global platform allows us to substantially expand the scope of the event," said Kevin Dunn, President and CEO of Canaccord Adams Inc. "The Summer Seminar strives to be a top-quality event for institutional clients and venture capitalists, connecting them with excellent growth industries while also giving corporate clients access to investing insights and valuable information. Our goal is providing a premier forum for information flow and networking for public and private growth companies, venture capitalists and institutional investors."

The Canaccord Adams Annual Summer Seminar is one of the oldest and largest programs showcasing both publicly traded and privately held growth companies. Most of the presenting public companies are covered by Canaccord Adams' global team of equity analysts. To learn more about the conference, please contact Nadine Miller at 617.371.3842 or [Nadine.Miller@CanaccordAdams.com](mailto:Nadine.Miller@CanaccordAdams.com).

### About SunOpta Inc.

SunOpta Inc. is an operator of high-growth ethical businesses, focusing on integrated business models in the natural and organic food markets. The Company has three business units: the SunOpta Food Group, which specializes in sourcing, processing and distribution of natural, organic, kosher and specialty food products integrated from seed through packaged products; the Opta Minerals Group, a producer, distributor, and recycler of environmentally friendly industrial materials; and the SunOpta BioProcess Group which engineers and markets proprietary steam explosion technology systems for the pulp, bio-fuel and food processing industries. Each of these business units has proprietary products and services that give it a solid competitive advantage in its sector.

### Forward-Looking Statements

Certain statements included in this press release may constitute "forward-looking statements" within the meaning of the United States Private Securities Litigation Reform Act of 1995. These forward-looking statements include, but are not limited to references to business strategies, competitive strengths, goals, capital expenditure plans, business and operational growth plans and references to the future growth of the business. These forward looking statements are based on certain assumptions and analyses made by the Company in light of its experience and its interpretation of current conditions, historical trends and expected future developments as well as other factors that the Company believes are appropriate in the circumstance. However, whether actual results and developments will agree with expectations and predications of the Company is subject to many risks and uncertainties including, but not limited to; general economic, business or market risk conditions; competitive actions by other companies; changes in laws or regulations or policies of local governments, provinces and states as well as the governments of United States and Canada, many of which are beyond the control of the Company. Consequently all forward-looking statements made herein are qualified by these cautionary statements and there can be no assurance that the actual results or developments anticipated by the Company will be realized.

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