



SunOpta Inc. Schedules Second Quarter 2010 Financial Results Release and Conference Call

TORONTO, July 21, 2010 (GLOBE NEWSWIRE) -- [SunOpta Inc.](#) ("SunOpta" or the "Company") (Nasdaq:STKL) (TSX:SOY) announced today that it will issue its financial results for the second quarter ended July 3, 2010 on August 10, 2010, after the close of the stock markets.

The Company plans to host a conference call at 10:00 AM Eastern Time on Wednesday, August 11, 2010, to discuss the second quarter 2010 financial results and recent corporate developments. After opening remarks, there will be a question and answer period. **This conference call can be accessed** via a link at the Company's website at www.sunopta.com. To listen to the live call over the Internet, please go to the Company's website at least 15 minutes early to register, download and install any necessary audio software. Additionally, the call may be accessed with the toll free dial-in number 1 (877) 312 - 9198 or (631) 291 - 4622. If you are unable to listen live, the conference call will be archived and can be accessed for approximately 90 days at the Company's website. A replay number can also be accessed between August 11th and 18th with the toll free dial-in number 1 (800) 642 - 1687 or (706) 645 - 9291 followed by pass code: 86530032#.

About SunOpta Inc.

[SunOpta Inc.](#) is an operator of high-growth ethical businesses, focusing on integrated business models in the natural and organic foods and natural health products markets. The Company has three business units: [SunOpta Foods](#), which specializes in sourcing, processing and packaging of [natural and organic food products](#) integrated from seed through packaged products; Opta Minerals Inc. (TSX:OPM) (66.4% owned by SunOpta), a producer, distributor, and recycler of environmentally friendly industrial minerals; and SunOpta BioProcess Inc. which engineers and markets proprietary steam explosion technology systems for the bio-fuel, pulp and food processing industries. Each of these business units has proprietary products and services that give it a solid competitive advantage in its sector.

The [SunOpta Inc.](#) logo is available at <http://www.globenewswire.com/newsroom/prs/?pkgid=3958>

CONTACT: SunOpta Inc.
Steve Bromley, President & CEO
Eric Davis, Vice President & CFO
Tony Tavares, Vice President & COO
Susan Wiekenkamp, Information Officer
905-455-2528, ext 103
susan.wiekenkamp@sunopta.com
www.sunopta.com

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