



January 3, 2013

SunOpta to Present at the 15th Annual ICR XChange Conference

TORONTO, Jan. 3, 2013 (GLOBE NEWSWIRE) -- SunOpta Inc. ("SunOpta" or the "Company") (Nasdaq:STKL) (TSX:SOY) today announced that Steve Bromley, Chief Executive Officer, and Robert McKeracher, Vice President & Chief Financial Officer, will present at the 15th Annual ICR XChange Conference in Miami, FL on Thursday, January 17, 2013 at 11:30 a.m. ET.

The audio portion of the presentation will be webcast live, and a replay will be available until Thursday, January 31, 2013 on the investor relations section of the Company's website at www.sunopta.com.

About SunOpta Inc.

SunOpta Inc. is a leading global company focused on natural, organic and specialty foods products. The company specializes in sourcing, processing and packaging of natural and organic food products, integrated from seed through packaged products; with a focus on strategically vertically integrated business models. The Company's core natural and organic food operations focus on value-added grains, fiber and fruit based product offerings, supported by a global infrastructure. The company has two non-core holdings, a 66.2% ownership position in Opta Minerals Inc., listed on the Toronto Stock Exchange, a producer, distributor, and recycler of environmentally friendly industrial materials; and a minority ownership position in Mascoma Corporation, an innovative biofuels company.

The SunOpta Inc. logo is available at <http://www.globenewswire.com/newsroom/prs/?pkgid=3958>

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